



CENTER FOR
INDEPENDENCE
of Individuals with Disabilities
Serving San Mateo County

CID Peer Support Program

- Are you over 18 years old & live with a disability?
- Do you feel isolated & alone?
- Are you looking for more ways to connect with others in San Mateo?

If so, we invite you to join us!

**Peer Support Group meets in person and virtually from 3-4pm every Wednesday.
Social hour between 2-3 PM.**



Location:

Center for Independence
2001 Winward Way,
Suite 103
San Mateo, CA 94404

**To attend, please register with Peter Chiu
by phone at: 650 645-1780 Ext. 127 or
via email at: peterc@cidsanmateo.org**

When you come into the peer support group, you are no longer alone but among true friends who understand your situations as few others could!

We look forward to seeing you and serving your peer support needs!

You are not alone!